Teeth Falling Out

A stress dream about control, how you look to other people, and change you did not pick.

THE THREE MAIN READINGS

1. Losing control

Something in waking life feels out of your hands. The dream puts that feeling in your mouth, where you cannot ignore it.

2. Appearance and embarrassment

Teeth are part of how you present yourself. This reading fits when you feel watched, judged, or caught out in front of people.

3. A big change

New jobs, moves, breakups, and new babies all spike this dream. Your grip on the old routine has loosened, and the dream shows it.

IN YOUR DREAM

Teeth crumbling or falling out in front of other people adds exposure to the stress. Teeth you spit into your hand, one by one, point more at a slow loss you keep checking on.

A QUESTION TO SIT WITH

Where in your life do you feel exposed or out of control this week?

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